

*Original Research Article*

# **Ultrathin silver-polysiloxane-coated plates for treatment of infected femur non-union**

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*Abstract: The prevalence of fracture-related infections (FRI) poses a significant challenge in healthcare, with patients experiencing poor outcomes and lower quality of life compared to non-FRI patients. The antimicrobial coating HyProtect was applied on plates for the treatment of infected femur non-unions. The study was conducted at the Department of Septic Trauma and Orthopaedic Surgery at BG Klinikum Hamburg, Hamburg, Germany. The study aimed to address the need for infection prevention systems by applying antibacterial coatings to orthopedic implants. The silver-polysiloxane coating is a unique method combining Physical Vapor Deposition (PVD) and Chemical Vapor Deposition (CVD) techniques to embed silver aggregates in a plasma polymer matrix. The coating demonstrated antimicrobial efficacy, no cytotoxicity, and prevention of biofilm growth in in vitro and in vivo studies. The results of the prospective non-interventional case series involving 8 patients with infected femur non-unions treated with the silvercoated implants showed positive healing outcomes with no reinfections and improved quality of life scores. The systemic silver levels remained low at 0.014 ppm in blood, indicating good biocompatibility. Conclusion: The results suggest that the silver-coated implant technology could significantly improve patient outcomes and safety during FRI surgeries. The coating process was found to be suitable for various substrates, including 3D printed implants.*

## **I. Introduction**

Fracture-related infection (FRI) still presents a major challenge in terms of the treatment, for the physicians as well as personnel in health care. In Germany, 7253 cases of FRI were listed in 2018 [1], but this number only applies to the initial indication during the admission; later FRI cases do not appear in the statistics.

According to a study performed by Iliaens et al. [2] direct hospital-related costs associated with FRI were eight times that of non-FRI patients and indirect costs were four times that of patients without FRI.

Patients with FRI showed significantly poorer outcomes on both physical function (35.6 vs. 48.4,  $p < 0.001$ ) and pain interference (60.4 vs. 46.3, p < 0.001) PROMIS scales [2].

In an ambidirectional cohort study performed by Buijs et al. [3], 134 patients were examined, with 28% of them being FRI patients and 72% being non-FRI patients. FRI patients had significantly lower quality of life scores compared to non-FRI patients in various domains. FRI

patients also experienced more postoperative complications compared to non-FRI patients. Over a 14.5 month follow-up period, FRI patients developed multiple complications including nonunion, infections, and implant failure [3].

Walter et al. evaluated a total of 37 FRI patients [4]. In all patients successful eradication of infection and stable bone consolidation after long bone FRI was achieved. After 4.2 years (mean) follow-up time, FRI patients reported significantly lower quality of life in comparison to normative data.

The risk of FRI increases dramatically with the severity of the soft tissue damage. In closed tibial shaft fractures, the infection rate is approx. 1-2%. In open fractures with extensive soft tissue injuries, the infection rate increases dramatically to 42.9% [1]. Hematogenous infections are less common in FRI [5]. Bacteria that enter the situs during surgery or bacteria that enter via the open fractures are the main cause. These pathogens become particularly problematic when they are able to form biofilms.

Plantonic bacterial cells, which are easier to treat, become sessile bacterial cells that behave quite differently phenotypically. During biofilm formation, the bacterial population is embedded in a matrix of extracellular polymeric substances (EPS), which is partly responsible for the formation and maintenance of biofilm structures [6], as well as for the adherence onto surfaces. As soon as this bacterial layer grows into the third dimension, it becomes difficult to treat with antibiotics.

According to Baertl et al., it does not depend on the pathogen spectrum whether an FRI is an acute or chronic infection [7]. In the presence of a foreign body material like an implant, 100 pathogens are already sufficient to cause a severe infection [8]. This way the implant becomes the breeding ground for infection. Therefore, it is of great interest to reduce the number of vital germs on the implant surface to prevent also the biofilm formation. This means that the implant surface should be protected against bacterial colonization by an antibacterial coating.

### **I.I. Silver as an antimicrobial compound**

Silver is an antimicrobial compound in which free silver ions bind non-specifically to Sulphur sidechains (SH groups) in proteins (cysteine side chains providing a particularly large number of SH groups). This disrupts bacterial energy production and other processes based on cysteine-containing enzymes, damages the cell membrane and affects the cell wall [9, 10, 11, 12]. These effects are responsible for cell disruption and the cells can then no longer divide and die [9, 10, 11, 12]. However, when using silver in an antibacterial implant coating, the two diametrically opposed factors of antibacterial efficacy vs. biocompatibility/toxicity must be considered [13, 14]. High silver concentrations carry the risk of side effects such as argyria. Too low concentrations can lead to poor or limited antibacterial efficacy [15,16]. Only a few silverbased antibacterial coatings are available in the clinic [17]. These include, for example, the MUTARS® (Implantcast, Buxtehude, Germany) tumor prosthesis (m(Ag) =  $0.33$  – 2.89 g) [17, 18] and the Ag-PROTEX® (Kyocera, Kyoto, Japan) coating  $(m(Ag) = 1.9$  to 2.9 mg) [17, 19] of implants for hip joint prostheses.

### **I.II. The antibacterial HyProtect coating**

The antibacterial HyProtect™ coating (silver multilayer coating (SML)) (Bio-Gate, Nuremberg, Germany) is an ultra-thin coating, that can be applied to both metal and polymer components.

This coating was used on implants in the present study in humans. Khalilpour et al. reported various successful tests of the HyProtect<sup>TM</sup> coating (SML), such as in vitro antimicrobial activity, no cytotoxicity according to ISO 10993-5 and ex vivo antimicrobial activity [20]. Two publications from 2016 and 2024 describe the ability of the HyProtect coating to prevent biofilm growth in vitro [21, 22].

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The silver concentration of 2.7  $\mu$ g/cm<sup>2</sup> enables the HyProtect coating to osseointegrate [23, 24]. Especially the osseointegration of orthopedic implants under load resulted in no significant differences between uncoated and HyProtect coated implants [24]. This good biocompatibility was also confirmed in the presented human study, where the HyProtect coating did not negatively influence the osteosyntheses.

In 2020 the antibacterial efficacy was evaluated in vivo in an infection model in rabbits [25], resulting in 97.5% germ reduction.

In the last 10 years more than 100 patients worldwide (EU, USA, Switzerland, Australia, New Zealand) received HyProtect coated implants (trauma, joint replacement, tumor and spine implants). These cases consist of customized implants and compassionate care cases based on standard implants coated with HyProtect. Several cases with different implants like Knee Arthrodesis', Total Femur, intramedullary nails and fracture plates were published [26, 27, 28, 29, 30].

Almost 50% of the customized implants were manufactured via 3D printing with Titanium substrates. This demonstrates that the HyProtect coating process can be used on several substrates including 3D printed substrates.

### **II. Material and methods**

In low-pressure processes, a combination of a PVD (Physical Vapor Deposition) and CVD (Chemical Vapor Deposition), metallic silver aggregates are embedded in a  $SiO<sub>x</sub>C<sub>y</sub>$  plasma polymer, resulting in the HyProtect coating.

The plasma polymer/ $SiO<sub>x</sub>C<sub>y</sub>$  (Fig. 1) is grown from the precursor hexamethyldisiloxane (HMDSO,  $C_6H_{18}Si_2O$ ) in radiofrequency (RF) plasma onto the substrate.



*Figure 1: Differences between monomer, standard polymer and plasma polymer*

The silver aggregates are sputtered from a pure silver target onto an underlying first layer of plasma polymer also known as amorphous modified polysiloxane. The second plasma polymer layer (3rd layer) is applied on top in a way that the sputtered silver aggregates remain interwoven by the plasma polymer. The term "layer" just describes the



process of the coating. As can be seen in Fig. 2, the result is a composite coating formed by the involved steps.

The silver content is nominal 2.7  $\mu$ g/cm2 and the total coating thickness is nominal 90 nm. The entire coating dissolves completely over a period of 6 months.



*Figure 2: Differences between monomer, standard polymer and plasma polymer*

The plasma polymer  $(SiO_xC_y)$  is grown from the precursor hexamethyldisiloxane (HMDSO, C6H18Si2O) in radiofrequency (RF) plasma onto the substrate. As long as the RF plasma is switched on, the HMDSO and O2 are converted into the plasma polymer.

Elemental reactions occurring in plasma polymerization are the fragmentation of monomer molecules, the formation of active sites (radicals) from the monomer, and recombination of the activated fragments (together with a reaction gas) to form a polymer. This process is a rapid step growth of polymers due to fragmentation of monomers. This process is attributed to the various types of collisions occurring simultaneously or separately in the reaction chamber. If fragmentation and recombination operate in plasma, the starting molecules for plasma polymerization will not be restricted to unsaturated compounds, saturated compounds can also deposit plasma polymers. The fragmentation of starting molecules in plasma is mainly represented by two types of reactions, namely the elimination of the weak hydrogen atom and the scission of the C–C bond. Silver atoms are sputtered from a pure grade silver target onto the substrate.

## **III. Results and discussion**

First clinical results were generated in a prospective, noninterventional single arm case series including all patients in a time-frame.

As part of the REFECT study project, a prospective, noninterventional analysis was conducted encompassing all patients who received internal stabilization with a silvercoated plate  $(HyProtec<sup>TM</sup>, Bio-Gate AG, Nuremberg)$ from  $01/2023$  to  $01/2024$  as part of the three-stage treatment for infected non-union of the femur.

Patients were included, if an infected non-union was diagnosed and treated by a silver coated implant at the BG Klinikum Hamburg. 15 patients were screened for the study, 8 patients were enrolled after informed consent (follow up not finished yet).

6 male and 2 female patients in accordance with the male predominance of infected bone non-union (Fig. 3) were included. An infected non-union was defined as a lack of bony healing 6 months after trauma. Age group evaluation showed a quite even distribution (see Fig. 4).



*Figure 3: sex distribution*



**Age at primary surgery [Years]**

#### *Figure 4: Age groups*

According to this classification, we included 8 patients with an infected non-union. All patients were treated with a standardized 3-stage treatment of the infected femur ending in a re-osteosynthesis with a coated implant.

The implants were measured on radiographs using templates. The fitting implants were then sent for surface coating at Bio-Gate (see Fig. 5 and 6 before and after coating).



*Figure 5: Distal femur plate made from Ti6Al4V before (top) and after antibacterial surface coating (bottom)*



The NCB Periprosthetic Femur Plate Sytem implant (Zimmer Biomet, Warsaw, USA) was utilized in all patients using different sizes and variations in order to meet the needs to the respective patient. The surgical treatment included a thorough debridement followed by a reosteosynthesis (Fig. 6).



*Figure 6: Re-Osteosynthesis of a distal femoral infected nonunion of the left leg.*

Standardized clinical follow-up including X-ray was performed 3 and 6 (12 and 24 months pending) postoperatively. At each follow up examination, the WOMAC and LEFS score was evaluated. The WOMAC (Western Ontario and McMaster Universities Arthritis Index) includes scores for each subscale which are summed up, with a possible score range of 0-20 for Pain, 0-8 for Stiffness, and 0-68 for Physical Function. Usually, a sum of the scores for all three subscales gives a total WOMAC score.

The LEFS (Lower Extremity Functional Scale) consists of a total score range from 0 to 80 points. Higher scores represent better function. The minimum detectable change (MDC) for the LEFS is 9 points. That is, a change of more than 9 points re-presents a true change in the patient's condition.



*Figure 8: Lower Extremity Functional Scale results up to 12 months.*

The mean follow-up of the 8 included patients was 10 months (as of 06/24). The concentration of silver ions in the blood serum reached a maximum of 0.014 mg/l in the

postoperative laboratory controls. Clinically, all patients showed a positive healing process postoperatively with no sign of re-infection and no adverse procedure-associated events.

The WOMAC as well as LEFS scores showed improved results after 3,6 and 12 months (see figure 8).

## **IV. Conclusions**

There is a great need for infection prevention systems that can improve the safety of patients undergoing FRI surgery. The high number of infections, especially in open fractures, can only be addressed by a comprehensive treatment strategy that includes hygiene management, debridement, antibiotic therapy and infection prophylaxis systems for implants.

The HyProtect coating, which is compatible with a wide range of different substrate materials, including 3D printed implants, demonstrated excellent biocompatibility with systemic silver levels as low as 0.014 ppm in blood. The absence of re-infections in patients also proves its good efficacy as a prevention technology and is a promising candidate for an infection prophylaxis system for orthopaedic and trauma applications.

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#### **AUTHOR'S STATEMENT**

Conflict of interest: T. Konradt is employee of the manufacturer Bio-Gate. All other Authors state no conflict of interest. Informed consent: Informed consent has been obtained from all individuals included in this study. Ethical approval: The research related to human use complies with all the relevant national regulations, institutional policies and was performed in accordance with the tenets of the Helsinki Declaration, and has been approved by the authors' institutional review board or equivalent committee.

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